



EAST HIGHLAND  
Baptist Church

**A Going Church For A Coming Christ**

Hartselle, AL

## *FAMILY MINISTRIES*

Church Phone Number 256-773-4157

Pastor - Bro. Walter Blackman

### Basic Information

Thursday nights from 6:30 PM to 8:30 PM

Childcare provided

**Refreshments provided:** Soft drinks, coffee or water Light snacks

# *FAMILY MINISTRIES*

## *Marriage 101*

### Schedule Overview

Session 1 (Jan 29<sup>th</sup>): The Most Important Issue in Marriage

Session 2 (Feb 5<sup>th</sup>): The Four Foundational Laws of Marriage

Session 3 (Feb 12<sup>th</sup>): Understanding and Meeting Your Spouse's Needs

Session 4 (Feb 19<sup>th</sup>): Destructive Husbands and Wives

Session 5 (Feb 26<sup>th</sup>): The Power of Positive Communication

Session 6 (Mar 5<sup>th</sup>): Financial Management in Marriage

Session 7 (Mar 12<sup>th</sup>): Parents: Past and Present

Session 8 (Mar 19<sup>th</sup>): Raising Great Children as You Build a Great Marriage

Session 9 (Mar 26<sup>th</sup>): Sexual Fulfillment in Marriage

**April 2<sup>nd</sup> Special Passover Meal (Church – all invited)**

Session 10 (Apr 9<sup>th</sup>): Foundations for Successful Blended Families

Session 11 (Apr 16<sup>th</sup>): The Negotiation Table

Session 12 (Apr 23<sup>rd</sup>): The Trust Bond

Session 13 (Apr 30<sup>th</sup>): The Final Exam: Yes, It's Cumulative

# *FAMILY MINISTRIES*

## *Marriage 101*

### General Class Overview

**How Marriage 101 Works** – Marriage 101 is a video led series that addresses a different aspect of marriage each week. After the video will be a time to discuss how to make practical application, and/or ask questions to learn from others' experiences of how to make our marriages what God intended them to be. This time is directed by a group discussion guide, but will also provide the freedom to have open discussion for those who wish to participate.

**The Foundation For Healing** – We believe God created marriage. Therefore, we believe He knows best how to make marriage successful. However, please know that we do not require you to be a Christian to attend the class. While we are certainly going to lean on the principles of marriage and healthy relationships spelled out in God's Word, our intent is not to "shove religion down your throat." Our intent is to help you have the best marriage.

**Other Resources** – Most of the Marriage 101 material is based on a ministry called Marriage Today. The name of the video series and corresponding group discussion guide we are using is entitled, "Marriage on the Rock," by Jimmy Evans. Jimmy and Karen Evans are the leaders of the Marriage Today ministry. Their website, [www.marriagetoday.com](http://www.marriagetoday.com), has a number of additional resources available to you, such as weekly emails, podcasts, an array of articles specific to marriage, and more. You can also find the book "Marriage on the Rock" at this website or your favorite bookstore (Amazon, CBD, Kindle, etc.).

# *FAMILY MINISTRIES*

## *Marriage 101*

### Small Group Guidelines

**Maintain Confidentiality** – Don't talk about things you hear in the group to people outside the group. Being in this group is your commitment to confidentiality. This will help develop an atmosphere of trust. (NOTE: There is no way that the group can guarantee confidentiality, so use discretion about what you share.)

**Sharing** – There is no requirement that you talk in the group, but you are encouraged to do so! If you do share, please comment only on your situation.

**Be Sensitive** – Some of you are naturally outgoing and comfortable in sharing your feelings. Some of you are a bit quieter. If you are outgoing, make sure you do not dominate the group. If you tend to be quiet or shy, please make an effort to participate. (You will be glad you did!)

**Time Constraints** – Please understand that the reality of our society dictates that each session will have set times for beginning and ending. For some of you, this is a relief; for others, this will be a challenge. It is our intention to provide an environment where everyone has the opportunity to share as they have need. However, there may be weeks where not everyone will get to share. As facilitators, we will do our best to accommodate everyone.

**Professional Counseling** – We are facilitators of a video series. We are not professional counselors, and we do not attempt to be. We are here to show the love and grace of God and to teach the practical application of Godly principles for marriage. If you and your spouse have a need for professional counseling, we will be glad to provide you a list of names of counselors in the area who have a reputation of doing quality counseling.

# *FAMILY MINISTRIES*

## *Marriage 101*

### Leadership

Russell Ellis

Wesley Stewart

Eddie and Angela Wallace

Dudley and Peggy White

We do our best to be here for you when you need us, and we know that may mean outside of class time. While we never want you to hesitate to contact us when you need someone, please be understanding of our responsibilities to our own families, meaning we may not always be immediately available. That is why there are a number of leaders available for you.

Also, we gently remind you that when you need someone to talk with outside of class time, we respectfully require **ladies to contact a female leader** and **men to contact a male leader**. Thank you for your cooperation in this matter.

*Sign up for weekly email:*  
[www.marriagetoday.com](http://www.marriagetoday.com)

*For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future. Jeremiah 29:11 (NIV)*